# 4-H Motto and Pledge

(Motto)
In support of the 4-H Club Motto:
To Make the Best Better

(Pledge)
I pledge:
My Head to clearer thinking,
My Heart to greater loyalty,
My Hands to larger service, and
My Health to better living,
For my club, my community, my country, and my world.

## 4-H Creed

I believe in 4-H Club work for the opportunity it will give me to become a useful citizen.

I believe in the training of my HEAD for the power it will give me to think, to plan, and to reason.

I believe in the training of my HEART for the nobleness it will give me to be kind, sympathetic, and true.

I believe in the training of my HANDS for the ability it will give me to be helpful, skillful, and useful.

I believe in the training of my HEALTH for the strength it will give me to enjoy life, to resist disease, and to work efficiently.

I believe in my country, my state, and my community and in my responsibility for their development.

In all these things I believe, and am willing to dedicate my efforts to their fulfillment.

# 4-H Prayer

"Help me, Oh Lord, to live so that the world may be a little better, because thou hast made me"

### 4-H Emblem

The 4-H emblem is the four-leaf clover with the letter "H" on each leaf, standing for head, heart, hands and health.

## **4-H Colors**

The 4-H colors are green and white.

Green symbolizes nature's most common color and represents life, springtime and youth. White symbolizes purity.

## 4-H Year

September 1 to August 31

# **Age of 4-H Members**

4-H activities and events are open to enrolled members between the ages of: 9 and 18 on August 31

OR

8 and in the  $3^{rd}$  grade and 18 on August 31

#### 4-H Clover Kids

**Kindergarten through Second Grade (Ages 5-8)** 

### Junior I:

Youth between the ages of 9 to 10 or 3<sup>rd</sup> grade on August 31 (born between Sept. 1 and Aug. 31)

#### Junior II:

Youth between the ages of 11 and 13 on August 31 (born between Sept. 1 and Aug. 31)

#### Senior:

Youth between the ages of 14 and 18 on August 31 (born between Sept. 1 and Aug. 31)